Intramural Sports
Ultimate Frisbee Rules
Cost: $20 per team

FORMAT
This is a 7-player Fraternity and open league that plays on Thursdays and Fridays. Teams will have a 4-game regular season before being placed in single elimination play for the tournament. To qualify for playoffs, the team must have a .500 record or higher, as well as a 3.0 sportspersonship rating. The league will take place beginning September 5th through October 25th. Games are scheduled between 5:30 PM-7:30 PM. All games will be played at Jessup Fields, located on North Campus.

ELIGIBILITY
An individual may not, under any circumstances, play or register on more than one intramural team of the same division in this league regardless of level of play. Participants are subject to the Intramural Sports eligibility rules as stated in the Intramural Handbook (Section VI.: Eligibility). Teams will be allowed to add new players to their roster throughout the season, including playoffs. All roster additions will be handled through IMLeagues.com or at the game site. If a participant registers at the game site, they will need to have created a profile by the time their game is played. Failure by write-in participants to create an IMLeagues account profile by the deadline will result in a $5 fine per account created for the team to the team captain.

VALID CORNELL ID CARDS: Before anyone can participate, each player must present their Cornell picture ID when they check in at all events. NO ID = NO Play.

FORFEIT FEE
If a team fails to have the required number of participants at the scheduled match time, the opposing team who is present will take the win by forfeit at that time. No contest will be played.

Any team that forfeits one game will be charged a $20 forfeit fee.

GENERAL RULES
- Each team may be comprised of seven players but may begin with 6.
- The field is a rectangular shape with end zones at each end. The field is 100 yards by 40 yards, with 20 yard end zones.
- Each point begins with both teams lining up on the front of their respective end zone line. The defense throws (“pulls”) the disc to the offense.
- Each time the offense completes a pass in the defense's end zone, the offense scores a point.
- Matches will be limited to two 20-minute halves with a 5-minute half time. There is no cap.
  a. All regular season games ending in a tie will remain a tie for standing purposes.
  b. Playoff games ending in a tie will have a 5-minute sudden goal overtime, with the first team scoring winning the game.
- The disc may be advanced in any direction by completing a pass to a teammate. Players may not run with the disc. The person with the disc (“thrower”) has ten seconds to throw the disc. The defender guarding the thrower (“marker”) counts the stall count aloud.
- When a pass is not completed (e.g. out of bounds, drop, block, interception), the defense immediately takes possession of the disc and becomes the offense.
- Players not in the game may replace players in the game after a score and during an injury timeout.
- No physical contact is allowed between players. Picks and screens are prohibited. A foul occurs when contact is made.
• When a player initiates contact with another player a foul occurs. When a foul disrupts possession, the play resumes as if the possession was retained. If the player committing the foul disagrees with the foul call, the play is redone.
• Players are responsible for their own foul and line calls. Players must resolve their own disputes. Ultimate Frisbee stresses sportspersonship and fair play. Competitive play is encouraged, but never at the expense of respect between players, adherence to the rules, and the basic joy of play.

RISK MANAGEMENT
Cornell Recreational Services assumes no responsibility for injuries received during intramurals, special events, and other recreational activities. Participants have voluntarily decided to participate in this sport or activity and has knowledge of the nature and the extent of the risks. Participants are also aware that there are other risks of injury and illness, that may arise due to participation in this sport or activity and that it is not possible to specifically list every individual risk of injury. It is strongly recommended that all participants have a physical examination prior to participating. Any injuries or accidents occurring during recreational activities should be reported immediately to on-duty personnel. Participants with a health issue and individuals who are on medication are urged to confidentially inform the Director of Intramural Sports of their specific situation.

ALCOHOL AND DRUG POLICY
Individuals, teams, and spectators who arrive intoxicated, suspected of consumption, or possessing alcohol, tobacco, or other illegal substances will not be permitted to play and will be asked to leave the playing area. The game may be forfeited and the offending individuals immediately suspended. Cornell Recreational Services will not tolerate such behavior and will act in a manner that is prudent, with the safety of all participants the priority. Such individuals will be dealt with harshly, given a minimum of a 365-day suspension and will be subject to University disciplinary procedures.

SPORTSPERSONSHIP STATEMENT
Good sportspersonship is required of all participants. Players, coaches, and spectators are to conduct themselves properly at all times. Cornell Recreational Services reserves the right to suspend or disqualify groups or individuals for unsporting conduct at any time. Unsporting conduct before, during, and/or after a game (event) will not be tolerated.

Please read the Intramural Handbook. It is a written description of the regulations that govern the Intramural Sports Program. No matter what sport you play, these regulations govern your participation in our programs. It is imperative to the continuity of the program that all participants are aware of and abide by the regulations set forth by Cornell Recreational Services.

All rules not specifically covered in this document will be enforced as USA Ultimate Rules.
All rules are subject to change by the Intramural Sports professional staff.

If you have any questions regarding the Intramural Ultimate Frisbee rules, please contact Scott Flickinger (Director of Intramural Sports) at (607) 255-8063 or e-mail: sf487@cornell.edu
Schedules and results will be available on the IMLeagues webpage: imleagues.com/cornell