



Cornell University

Cornell Wellness
305 Helen Newman Hall
Ithaca, NY 14853
Phone 607-255-5133
Fax 607-254-2755

Wellness Recreation Membership Application

Form with fields: Cornell University ID Number, Today's Date, Name, Department, Cell or Other Phone #, E-mail Address, and contact mode options.

Status (check one)

- Staff, Faculty, Affiliate, Cornell Athletics employee, Emeritus Faculty, Retiree, Cornell Trustee, Spouse/Partner of employee or retiree, Other.

Membership Type

- 1-Year Recreation Membership - \$175, 4-Month Recreation Membership - \$75, 1-Year Group Fitness Only Class Pass - \$115, Cornell Program for Healthy Living/Aetna (CPHL) Recreation Membership, Emeritus faculty, Cornell Trustee or Cornell Athletics employee.

Starting Options (not included with group fitness only class pass)

- Individual meetings with Cornell Wellness staff are free and private. Please indicate your choice for your first interaction. We will call/email you to set up an appointment. I will get started on my own knowing I may request an individual appointment at any time, Fitness consultation with a fitness professional, Nutrition consultation with a registered dietitian nutritionist, General Fitness and Nutrition Education session with a fitness/nutrition professional, Life Coaching session with a certified coach.

For Office Use: Activation Date, List Serve, E-mailed, Payroll Deduction, CPHL, Check, Credit Card.

Payment Information

_____ **Payroll Deduction** (For \$175 Recreation Membership, available to Cornell employees only)
I, the undersigned, voluntarily request that Cornell deduct the Recreation Membership fee from my wages throughout my continued membership. I understand payroll deduction is an optional payment plan and does not affect my obligation to pay the entire amount.

Are you: _____ Hourly or _____ Salaried

Signature: _____ Date: _____

_____ **Credit Card or Check** Please contact our administrative office in Helen Newman Hall, either in person or by phone at (607) 255-5133 with payment information. Your membership will not be activated until you have contacted us.

_____ **Cornell Program for Healthy Living/Aetna (CPHL) Recreation Membership** (no charge)
(eligibility: this option is only available to the Cornell benefits eligible employee who has CPHL insurance)

_____ **Emeritus faculty, Cornell Trustee or Cornell Athletics employee**

Scholarships

_____ **I would like to request a scholarship form**

Note: A limited number of reduced fee scholarships are available to Cornell employees based on gross family income and need. Scholarship forms available by request or on the Cornell Wellness website. If you request a scholarship, your membership will not be activated until your form is completed and approved.

Basket and Lockers

Day use lockers are available to members in the men's and women's locker rooms. You can bring a personal lock for such use, however it may only be used during the time you are recreating.

Small baskets with locks are available at no charge to 1-year Recreation and CPHL Recreation Membership holders upon request. To request a basket contact Cornell Wellness at wellness@cornell.edu.

Academic year locker rental is also available at Helen Newman Hall and Teagle Hall: half lockers \$75/year or whole lockers \$100/year. To rent a locker, contact Brian Allis at ba23@cornell.edu.

Membership Terms and Consent

- I have taken and understand the [PAR Q readiness for activity questionnaire](#). I will follow its recommendations.
- 1-Year Memberships run from July 1 through June 30 annually. New members starting mid-cycle will have the membership fee prorated accordingly.
- I do hereby agree to abide by the policies and procedures of the Cornell Fitness Centers and Cornell Wellness. Cornell Wellness reserves the right to revoke any membership at any time. In this case, unused membership fees will be refunded.
- The Payroll deduction payment option will spread out payments that add up to the yearly goal amount according to the individual's pay schedule starting July 1 of each year. Deductions are \$7.29 per pay period for a 24 paycheck cycle and \$6.73 per pay period for a 26 paycheck cycle.
- The remaining balance on a 1-Year Recreation Membership, a 4-Month Membership, or a 1-Year Group Fitness Only Class Pass, is eligible for refunding if the member leaves Cornell or provides a medical note. If the member requests to cancel their membership outside of these circumstances, a \$30 cancellation fee will be charged.
- All members, who have memberships that automatically renew, will have the opportunity to request discontinuing their memberships between June 1 and June 30 of each year, without a cancellation fee.
- I understand that Cornell University makes no assurances, implied or otherwise, that the program will completely or accurately assess my health status, as this field is not always an exact science. In addition, I agree on behalf of myself, my assigns, executors, and heirs, to release, hold harmless, and indemnify Cornell University, its Trustees, Officers, Agents, and employees from any and all liability, damage, claim or loss of any nature whatsoever arising out of or in anyway related to my Recreation Membership participation except those things due to the sole and active negligence of Cornell University.

By signing, I agree to the terms of the Wellness Recreation Membership policies listed above for the duration of my Wellness Recreation Membership.

Signature: _____ Date: _____